

# FILE A HAND IN HEALING THE POWER OF EXPRESSIVE PUPPETRY

## **A Hand in Healing**

This is the first book written about expressive puppetry and how to use puppets when providing care for people of all ages and levels of functioning. Marge Schneider created the first expressive puppetry program for adults in the United States, helping clients with dementia and depression find their voices and tell their stories. Now she shares her two decades of experience as an educator, complementary therapist, and spiritual counselor, helping those who provide care to clients or loved ones make authentic, heart-to-heart connections. *A Hand In Healing* is both spiritually based and a how-to guide in expressive puppetry. Through stories that will inspire and mentor, this unique book offers insight into Marge's exploration of deep expressive places that are not typically reached with cognitive techniques. People with dementia and depression are often unable to respond effectively to cognitive therapy, which can leave clinicians frustrated at the limited approaches available to help their clients heal. Learn how to reach beyond the barriers of dementia and depression and how to help children and teens with challenging emotional issues. See how numerous health care professionals have helped transform the lives of their clients using puppets as their therapeutic healing tools. This book helps hospital, nursing home, and hospice staff to dramatically enhance their insight, sensitivity, and compassion. Too often, both staff and family members assume that their loved one or client with dementia is vacant and has no story left to share. However, *A Hand In Healing* shows there is usually a story deep within waiting to be told and honored, and that establishing and deepening the connections with family and staff is the best way to elicit these stories. After establishing trust, the level of sharing is often quite miraculous and the level of healing through isolation and grief can inspire and be a source of joy.

## **Expressive Arts and Narrative as Forms of Healing**

This collection, edited by Kamran Afary and Alice Marianne Fritz and authored by contributors with experience as educators, artists, and licensed therapists, integrates communication, therapy, and pedagogy to explore the role and efficacy of expressive arts therapies.

## **Inside Alzheimer's**

"The book tells how dozens of persons with dementia and their sharing of wisdom, humor and life's teachings led Ms. Pearce to the six basic principles of connection--how one person connects with another. Internalizing these principles has empowered hundreds of family, friends, and professionals to create moments of connection with persons, regardless of how advanced the dementia"--Back cover.

## **Puppetry in Education and Therapy**

In *Puppetry in Education and Therapy: Unlocking Doors to the Mind and Heart*, one finds enormous variety, ingenuity, and creativity in the types of puppets, and the ways they are used in education and in therapy. Puppeteers, therapists, and educators, articulate what is meant by "puppetry in education" and "puppet therapy" and how it is the same or different from "puppet theatre". They describe the unique characteristics and theory of puppetry in education and therapy, the skills it takes to be successful in these areas, the skills that are passed on to people who use puppets for personal expression, and how to assess the impact of

puppets on learning or behavior change. Twenty-six authors discuss topics such as puppetry and the multiple intelligences; the process versus the product; using puppetry in schools to promote literacy, preserve cultural heritage, and teach music; how puppetry contributes to Core Curriculum Standards, the theoretical underpinnings of therapeutic puppetry, and a range of ways of facilitating growth and development. If you're already using puppets, this book will inspire you to understand your work differently and to explore new possibilities. If you're a teacher or a therapist and you've never used puppets before, it will open a whole world of possibilities. This book illustrates that puppetry arts can affect learning and behavior and that puppets indeed have the power to unlock doors to the mind and heart.

## **Making Puppets Come Alive**

Unlike other performing arts, puppetry is perhaps the only art form in which directing, acting, writing, designing, sculpture, and choreography are combined. In effect, the performer is creating an artistic entertainment that will appeal to audiences of all ages — in homes, in theaters, and in classrooms. This lucid, easy-to-follow book was specifically conceived to teach beginners how to bring a hand puppet to life and how, with practice, to develop the skills needed to mount an amateur puppet show — complete with staging, costumes, and special effects. Award-winning puppeteers Larry Engler and Carol Fijan provide ingenious finger, wrist, and arm exercises that are crucial for creating a full working range of puppet motions and emotions. They also cover the elements of good puppet theatrical technique: speech, voice use, and synchronization; stage deportment and interactions; improvisation, dramatic conflict, role characterization, and more. Every detail is clearly explained and beautifully illustrated with photographs, specific chapters being devoted to the use of props, puppet voices and movements, the construction of simple stages and lighting effects, and much more. A splendid addition to the literature on this subject, *Making Puppets Come Alive* is "the best book on hand puppetry we've seen." — The Whole Kids Catalog.

## **Hand Puppets and String Puppets**

Originally published in the 1940s, the author, a master of his craft, has clearly and concisely explained the making of both hand and string puppets, and also clearly shown how they may be used in appropriate settings. With the idea of giving assistance to the novice, and help to the more advanced student, the book is written in plain and concise language the diagrams and photographs should explain the intricacies of puppet-making, leaving the individual to fill in the details from his own imagination. Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. Hesperides Press are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork. Contents Include: Glove Puppets, String Puppets, Puppets with Wire Frame Foundation, Carved Wooden Puppets, Dressing The Puppets, Controls, The Glove Puppet, Stage The Play.

## **Learning with Puppets**

Everything you need to know about creating and using puppets for any type of curriculum is detailed in this excellent workbook. The illustrations clarify the text every step of the way. Many teaching tips and activities. The authors are true specialists in this educational resource. Four chapters of useful information.

## **The Healing Art of Glove Puppetry**

Reflections on Life is a collection of 500 inspiring and uplifting quotes on life. Each chapter's theme offers insight into living a well-rounded, fulfilling life—for example, "Find Forgiveness," "Keep Active," "Ponder the Positive," and "Make Music." This collection will keep readers smiling down every road of life. "Life is an adventure in forgiveness."—Norman Cousins "We shall never know all the good that a simple smile can do."—Mother Teresa "The chief cause of stress is reality."—Lily Tomlin "In the end it's not the years in your life that count. It's the life in your years."—Abraham Lincoln

## **Reflections on Life**

Dressing the Naked Hand is for anyone interested in the art of puppetry. Teachers, amateurs, and even professionals will find new ideas and inspiration in the designs created by this trio of puppet enthusiasts. Includes trade secrets, tips, and how-to's on puppetry unlike anything that has been published before. Puppets aren't just for looking at; they are for doing, and as we found out, they have a mind of their own. This one-of-a-kind how-to is not only an invaluable resource for the puppet artist, but a joy to read. From tongue-in-cheek humor to outright laugh-out-loud hijinks, this book teaches and tells the real story—from a puppet's point of view. And, while the full-color and detailed how-to and finished puppet illustrations give you most of what you need, if you choose to read the text, well . . . it's worth your time.

## **Dressing the Naked Hand**

Describes techniques for animating hand puppets and staging an amateur puppet show.

## **Making Puppets Come Alive**

Drawing on detailed case studies and a growing body of evidence of the benefits of non-verbal therapies, the contributors - all leading practitioners in their fields - provide an overview of creative therapies that tap into sensate aspects of the brain not always reached by verbal therapy alone.

## **Theatre of Hand Puppets**

Art as a Language for Autism addresses the clinical challenges that are common in working with autistic spectrum disorder by exploring how artistic expression can provide a communicative language for younger clients who are set in their thought processes and preferences. Exploring how both art and play-based approaches can be effective tools for engaging therapeutic work, this book introduces strategies to help young clients find expressive \"languages\" that can fully support communication, expression, and empathic understanding, as well as build skills for relaxation, calming, and coping. Building from a foundation of a client's individual strengths and interests, this playful and integrative approach is informed by an awareness of the individual sensory profiles and the developmental needs of children and adolescents with autism. Through a greater awareness of these materials and processes for therapy, the reader will be able to create a space for their young clients to share what they know and care about. This exciting new book is essential reading for clinicians working with children and adolescents on the autism spectrum.

## **Hand Puppets**

Cognitive-Behavioral Play Therapy (CBPT) incorporates cognitive and behavioral interventions within a play therapy paradigm. It provides a theoretical framework based on cognitive-behavioral principles and integrates these in a developmentally sensitive way. Thus, play as well as verbal and nonverbal approaches are used in resolving problems. CBPT differs from nondirective play therapy, which avoids any direct discussion of the child's difficulties. A specific problem-solving approach is utilized, which helps the child develop more adaptive thoughts and behaviors. Cognitive-behavioral therapies are based on the premise that cognitions determine how people feel and act, and that faulty cognitions can contribute to psychological disturbance. Cognitive-behavioral therapies focus on identifying maladaptive thoughts, understanding the assumptions behind the thoughts, and learning to correct or counter the irrational ideas that interfere with healthy functioning. Since their development approximately twenty-five years ago, such therapies have traditionally been used with adults and only more recently with adolescents and children. It has commonly been thought that preschool-age and school-age children are too young to understand or correct distortions in their thinking. However, the recent development of CBPT reveals that cognitive strategies can be used effectively with young children if treatments are adapted in order to be developmentally sensitive and attuned to the child's needs. For example, while the methods of cognitive therapy can be communicated to adults

directly, these may need to be conveyed to children indirectly, through play activities. In particular, puppets and stuffed animals can be very helpful in modeling the use of cognitive strategies such as countering irrational beliefs and making positive self-statements. CBPT is structured and goal oriented and intervention is directive in nature.

## **Expressive and Creative Arts Methods for Trauma Survivors**

Puppet Play Therapy is a comprehensive guidebook that describes the basic skills, techniques, and applications for selecting and working with puppets in specific types of settings and populations. Written by preeminent voices in the field, chapters offer invaluable guidance on selecting, using, and assessing puppet-based therapeutic interventions. Both beginning and experienced clinicians will also appreciate the inclusion of practical, step-by-step approaches and reproducible handouts that will aid them in their puppet play therapy sessions.

## **Art as a Language for Autism**

This best-selling book is an easy-to-read introduction to the ideas and practices of narrative therapy. It uses accessible language, has a concise structure and includes a wide range of practical examples. *What Is Narrative Practice?* covers a broad spectrum of narrative practices including externalisation, re-membering, therapeutic letter writing, rituals, leagues, reflecting teams and much more. If you are a therapist, health worker or community worker who is interesting in applying narrative ideas in your own work context, this book was written with you in mind.

## **Cognitive-Behavioral Play Therapy**

Over the past two decades, there has been a major increase in research into the effects of the arts on health and well-being, alongside developments in practice and policy activities in different countries across the WHO European Region and further afield. This report synthesizes the global evidence on the role of the arts in improving health and well-being, with a specific focus on the WHO European Region. Results from over 3000 studies identified a major role for the arts in the prevention of ill health, promotion of health, and management and treatment of illness across the lifespan. The reviewed evidence included study designs such as uncontrolled pilot studies, case studies, small-scale cross-sectional surveys, nationally representative longitudinal cohort studies, community-wide ethnographies and randomized controlled trials from diverse disciplines. The beneficial impact of the arts could be furthered through acknowledging and acting on the growing evidence base; promoting arts engagement at the individual, local and national levels; and supporting cross-sectoral collaboration.

## **Puppet Play Therapy**

Alongside description of a number of specific rites, this volume explores ritual from both theoretical and historical perspectives. Barry Stephenson focuses on the places where ritual touches everyday life: in politics and power; moments of transformation in the life cycle; as performance and embodiment. He also discusses the boundaries of ritual, and how and why certain behaviours have been studied as ritual while others have not.

## **What is Narrative Therapy?**

Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various

practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. *Transforming the Workforce for Children Birth Through Age 8* explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. *Transforming the Workforce for Children Birth Through Age 8* offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.

## **What Is the Evidence on the Role of the Arts in Improving Health and Well-Being**

\ "Revised and updated with new exercises\" --Cover.

### **Ritual**

It only takes one event to change a life. What is that action, decision, occurrence? Whose life is affected? Changed forever? In this eclectic mix of 21 short stories, flash fiction and poetry the pendulum swings between first love and murder, from soul-destroying grief to reconciliation. The tales veer from the sweet satisfaction of revenge to new beginnings, from heart-breaking miscarriages of justice to heart-warming Christmas misadventure. One common thread binds them all; the belief that there is no such thing as an ordinary life; they're all extraordinary. Open your hearts and minds as *The Storyteller Speaks*.

## **Transforming the Workforce for Children Birth Through Age 8**

*Indianapolis Monthly* is the Circle City's essential chronicle and guide, an indispensable authority on what's new and what's news. Through coverage of politics, crime, dining, style, business, sports, and arts and entertainment, each issue offers compelling narrative stories and lively, urbane coverage of Indy's cultural landscape.

## **The London Literary Gazette and Journal of Belles Lettres, Arts, Sciences, Etc**

Buddhist philosophy of Anicca (impermanence), Dukkha (suffering), and

## **The Literary Gazette and Journal of Belles Lettres, Arts, Sciences**

Gregory Bateson was a philosopher, anthropologist, photographer, naturalist, and poet, as well as the husband and collaborator of Margaret Mead. This classic anthology of his major work includes a new Foreword by his daughter, Mary Katherine Bateson. 5 line drawings.

## **The Literary Gazette**

The psychology classic—a detailed study of scientific theories of human nature and the possible ways in which human behavior can be predicted and controlled—from one of the most influential behaviorists of the twentieth century and the author of *Walden Two*. “This is an important book, exceptionally well written, and logically consistent with the basic premise of the unitary nature of science. Many students of society and culture would take violent issue with most of the things that Skinner has to say, but even those who disagree most will find this a stimulating book.” —Samuel M. Strong, *The American Journal of Sociology* “This is a remarkable book—remarkable in that it presents a strong, consistent, and all but exhaustive case for a natural science of human behavior...It ought to be...valuable for those whose preferences lie with, as well as those whose preferences stand against, a behavioristic approach to human activity.” —Harry Prosch, *Ethics*

## **Literary Gazette and Journal of Belles Lettres, Arts, Sciences, Etc**

The *Language of the Lens* explores the expressive power of the camera lens and the storytelling contributions that this critical tool can make to a film project. This book offers a unique approach to learning how lenses can produce aesthetically and narratively compelling images in movies, through a close examination of the various ways lens techniques control the look of space, movement, focus, flares, distortion, and the “optical personality” of your story’s visual landscape. Loaded with vivid examples from commercial, independent, and world cinema, *The Language of the Lens* presents dozens of insightful case studies examining their conceptual, narrative, and technical approaches to reveal how master filmmakers have harnessed the power of lenses to express the entire range of emotions, themes, tone, atmosphere, subtexts, moods, and abstract concepts. *The Language of the Lens* provides filmmakers, at any level or experience, with a wealth of knowledge to unleash the full expressive power of any lens at their disposal, whether they are shooting with state-of-the-art cinema lenses or a smartphone, and everything in between.

## **Art Therapy Sourcebook**

Offers 12 real-life stories written by infant mental health specialists about their work with young children and families. Each case study also reveals the supervision and consultation that supported the specialist, and the specialist's interaction with the larger service system.

## **The Storyteller Speaks**

Los Angeles magazine is a regional magazine of national stature. Our combination of award-winning feature writing, investigative reporting, service journalism, and design covers the people, lifestyle, culture, entertainment, fashion, art and architecture, and news that define Southern California. Started in the spring of 1961, Los Angeles magazine has been addressing the needs and interests of our region for 48 years. The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian.

## **Indianapolis Monthly**

This book is an amazing resource for play therapy techniques. The contributors come from a diverse group including child-centered, cognitive-behavioral, gestalt, Jungian, psychodynamic, and prescriptive play therapy.

## **Phenomenology of Perception**

Based on ethnographic fieldwork spanning twenty years, *Power Plays* is the first scholarly book in English on wayang golek, the Sundanese rod-puppet theater of West Java. It is a detailed and lively account of the ways in which performers of this major Asian theatrical form have engaged with political discourses in Indonesia. Wayang golek has shaped, as well, the technological and commercial conditions of art and

performance in a modernizing society. Using interviews with performers, musical transcriptions, translations of narrative and song texts, and archival materials, author Andrew N. Weintraub analyzes the shifting and flexible nature of a set of performance practices called Padalangan, the art of the puppeteer. He focuses on "superstar" performers and the musical troupes that dominated wayang golek during the New Order political regime of former president Suharto (1966-98) and the ensuing three years of the post-Suharto period. Studies of actual performances illuminate stylistic and formal elements and situate wayang golek as a social process in Sundanese culture and society. *Power Plays* includes an interactive multimedia CD-ROM of wayang golek. *Power Plays* shows how meanings about identity, citizenship, and community are produced through theater, music, language, and discourse. While based in ethnographic theory and methods, this book is at the center of a new synthesis emerging among ethnomusicology, anthropology, and cultural studies. Its cross-disciplinary approach will inspire researchers studying similar struggles over cultural authority and popular representation in culture and the performing arts.

## **Steps to an Ecology of Mind**

Leon Rubin and I Nyoman Sedana, both international theatre professionals as well as scholars, collaborate to give an understanding of performance culture in Bali from inside and out. The book describes four specific forms of contemporary performance that are unique to Bali: Wayang shadow-puppet theatre Sanghyang ritual trance performance Gambuh classical dance-drama the virtuoso art of Topeng masked theatre. These culturally unique and beautiful theatrical events are contextualised within religious, intellectual and social backgrounds to give unparalleled insight into the mind and world of the Balinese performer.

## **Science And Human Behavior**

A welcome reissue, revised and updated, of the classic work on the English puppet theatre, this detailed and lavishly illustrated book, first published in 1955, shows why puppet theatre in England developed along different lines from that on the Continent, and brings the story up to the television age. In 1938, at the age of 24, George Speaight left his job as a bookseller and went to work as a farmhand at Pigotts, the family settlement of Eric Gill and his group of artist-craftworkers in Buckinghamshire. While there, Speaight decided to write a history of Punch and Judy. The project grew, and during the Second World War he spent his nights working in the Auxiliary Fire Service and his days at the British Museum Reading Room researching Punch and puppets. This book is the result of all his research.

## **The Filmmaker's Eye: The Language of the Lens**

Explores neurological disorders and their effects upon the minds and lives of those affected with an entertaining voice.

## **Case Studies in Infant Mental Health**

The second edition of *Play Therapy Techniques* includes seven new chapters in addition to the original twenty-four. These lively chapters expand the comprehensive scope of the book by describing issues involved in beginning and ending therapy, using metaphors, playing music and ball, and applying the renowned "Color Your Life" technique. The extensive selection of play techniques described in this book will add to the clinical repertoire of students and practitioners of child therapy and counseling. When used in combination with formal education and clinical supervision, *Play Therapy Techniques, Second Edition*, can be especially useful for developing treatment plans to address the specific needs of various clinical populations. Students and practitioners of child therapy and counseling, including psychologists, psychiatrists, social workers, nurses, and child life specialists will find this second of *Play Therapy Techniques* informative and clinically useful.

## Los Angeles Magazine

101 Favorite Play Therapy Techniques

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